

Date & Time	Fastnet to Scillies	Scillies to Lizard	Lizard to Start Point	Start Point to Portland	Portland to Needles
Sunday 1200Z	SW2/3	L&V	L&V or NW 2/3	NW 2/3	NW 2/3
Sunday 1800Z	W2/3	W2/3	W2/3	W2/3	WSW 2/3
Monday 0000Z	W 3/4	W 3/4	W 2/3(4)	W 2/3(4)	W 2/3(4)
Monday 0600Z	W 3/4	W 3/4	W 2/3(4) Met Office has SW 4/5	W 2/3(4) Met Office has SW 4/5	W 2/3(4) Met Office has SW 4/5
Monday 1200Z	W 3/4(5)	W 3/4(5)	WbyN 3/4	WbyN 3/4	WNW 3/4
Monday 1800Z	WSW 3/4	WSW 3/4	W 2/3(4)	W 2/3(4)	W 2/3(4)
Tuesday 0000Z	W by S 2/3	WbyS 3/4	W 2/3(4)	W 2/3(4)	If you're still here then stop!
Tuesday 1200Z	SW 3/4(5) in W, W 2/3(4) in E	WNW 2/3	WbyN 2/3	If you're still here then stop!	
Tuesday 1800Z	SW 4/5 in W, W 3/4(5) in E	W 3/4	W byN 3/4		
Wednesday 0600Z	NW 2/3	WNW 2/3	WNW 2/3		
Wednesday 1800Z	NW 2/3	NW 2/3	WNW 2/3		
Thursday 0600Z	L&V	L&V	L&V		
Thursday 1800Z	SW 3/4, new low coming in	SW 2/3	L&V		
Friday 0600Z	SW 5/6, strong front approaching	SW 4/5(6)	WSW 4/5		